



Road Safety Advice for Parents of 3-5 year olds

Children can be safer on the streets if we show them how.

Set a good example

- When you cross the road, don't take risks . your children will copy you
- Remember to find the safest place to cross, then stop, look and listen
- Don't cross the road when the man is red
- Don't use your mobile phone while crossing the road

Hold hands

- Always hold hands with your young child near traffic (or make sure they hold onto a buggy if you're pushing one)
- Make sure your child walks on the side of the pavement away from the traffic
- If there is no pavement walk on the side of the road facing oncoming traffic

Teaching your child to cross the road safely

1. Find the safest place to cross with a clear view all around, away from parked cars, junctions, bends or the brow of a hill if possible. Explain to your child why it's important to choose a place with a clear view
2. Holding hands with your child, show them how to stop on the kerb, look all around and listen for traffic before they cross
3. When there is no traffic coming, walk straight across (not diagonally) and keep looking and listening

Being seen by other road users

1. On dull days you should wear bright or fluorescent colours
2. If walking near traffic at night you'll need to wear reflective clothing or accessories

In-Car Safety

- Children up to three years of age must use the correct child restraint
- Children from third birthday up to 135cm in height or 12 birthday, whichever is reached first, must use the correct child restraint, with few exceptions
- Children of 12 or 13 or over 135cm must wear a seat belt if one is fitted in the car
- Passengers aged 14 years and over must wear a seat belt if one is fitted in the car

More information on child restraints can be found on www.dft.gov.uk/think under children/child car seats.

Road Safety Matters Guidance for Parents of Children 3-5, Product Code TINF1307 can be ordered by telephone on 0300 123 1102, or on-line in the catalogue in the parentsqsection of the THINK! website (web address above).

You can find games and stories for 3-5 year olds in www.dft.gov.uk/think/education/early-years-and-primary/